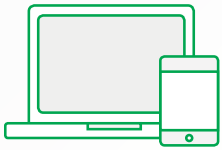


## TELADOC



### REQUEST. VISIT. RESOLVE.

Speak to a licensed doctor by web, phone or mobile app in minutes. Quality care is available 24/7/365.



Doctors can send you a prescription anywhere in the U.S.A.



Average wait time for a benefits-eligible employee, their spouse or dependent to talk to a doctor.

### Treat a Range of Conditions:

- ✓ **GENERAL MEDICAL**  
Cold/flu, bronchitis, allergies, pink eye
- ✓ **DERMATOLOGY**  
Acne, skin rash, moles/warts, abrasions
- ✓ **BEHAVIORAL HEALTH**  
Depression, anxiety, grief counseling, addiction

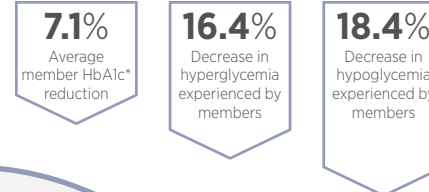
### SAVE MONEY

Unlimited FREE test strips and lancets whenever you need them.



### GET HEALTHIER

Members feel empowered to take control of their health and the results show:



\*HbA1c = average blood glucose level for previous 2-3 months.

## LIVONGO

A free diabetes management program for benefits-eligible employees, their spouse and dependents. Sign up to receive the Welcome Kit.

### FREE WELCOME KIT INCLUDES

- Unlimited test strips and lancets
- Lancing device
- Connected glucose meter
- Carrying case
- Optional coaching from a specialist



## BEST DOCTORS

Expert medical advice for informed medical decisions. Best Doctors is committed to helping employees enrolled in an MSU health plan make the right choice with confidence.



Experts review your medical case.



Get a custom report and medical opinion from top doctors.



Ask questions or get help locating the best doctor near you.



## MSU Human Resources BENEFIT HIGHLIGHTS

Optional benefits and resources available to MSU employees. Learn how to sign up at [hr.msu.edu](http://hr.msu.edu).

## ON-CAMPUS SERVICES

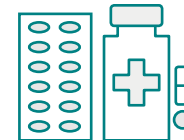
### IMAGING SERVICES

MSU Radiology offers imaging services – MRI, x-ray, CT scan and more – on campus at the Clinical Center or the Eyde building. Save time by staying on campus! Available to everyone.



### PRESCRIPTION DELIVERY

Save time by having MSU Clinical Center or Olin Pharmacy deliver your prescriptions right to your office on campus.



## VOLUNTARY BENEFITS

Benefits-eligible employees can enroll in these optional benefits through MSU Benefits Plus with special pricing for MSU employees. Some have an open enrollment period, while others you can enroll in at any time. Most allow you to deduct premiums from your paycheck.



### PET

Nationwide offers several plans that may cover surgeries, tests, prescriptions, exams & more.



### HOME/AUTO

MetLife or Liberty Mutual offer home and auto insurance plans.



### LONG-TERM CARE

Transamerica helps you plan ahead for tough care decisions down the road.



### VISION

VSP plans offer savings for high-quality eye care and eyewear.



### LEGAL

ARAG offers protection from today's legal matters and covers 100% of most fees from a network attorney.



### CRITICAL ILLNESS

MetLife gives you money for unexpected illnesses. Use for medical expenses or any other use you wish.



### DISCOUNTS

You have access to special discounts on hotels, car rental, food, entertainment and more!